

OCTOBER 2019 PRE-KINDERGARTEN BREAKFAST & LUNCH MENU

This institution is an equal opportunity provider. Menus are subject to change.

	<p style="text-align: center;">Tuesday, October 1</p> <p style="text-align: center;"><u>Breakfast</u> Fruit Juice Pancake Wrapped Sausage</p> <p style="text-align: center;"><u>Lunch</u> Smucker's PB&J Baby Carrots Fresh Fruit</p>	<p style="text-align: center;">Wednesday, October 2</p> <p style="text-align: center;"><u>Breakfast</u> Banana Cereal</p> <p style="text-align: center;"><u>Lunch</u> Max Stix with Marinara Sauce Garden Salad Fruit Juice</p>	<p style="text-align: center;">Thursday, October 3</p> <p style="text-align: center;"><u>Breakfast</u> Fruit Juice Bagel Cream Cheese</p> <p style="text-align: center;"><u>Lunch</u> Ham & Cheese Sandwich on Whole Grain Bread Broccoli Fruit</p>	<p style="text-align: center;">Friday, October 4</p> <p style="text-align: center;"><u>Breakfast</u> Fruit French Toast Sticks</p> <p style="text-align: center;"><u>Lunch</u> Mickey's Pizza with Whole Grain Crust Fresh Vegetable Pineapple</p>
<p style="text-align: center;">Monday, October 7</p> <p style="text-align: center;"><u>Breakfast</u> Fruit English Muffin</p> <p style="text-align: center;"><u>Lunch</u> Whole Grain Chicken Nuggets with Whole Grain Roll Oven Baked Fries Applesauce</p>	<p style="text-align: center;">Tuesday, October 8</p> <p style="text-align: center;"><u>Breakfast</u> Fruit Juice Breakfast Pizza with Whole Grain Crust</p> <p style="text-align: center;"><u>Lunch</u> Smucker's PB&J Baby Carrots Fresh Fruit</p>	<p style="text-align: center;">Wednesday, October 9</p> <p style="text-align: center;"><u>Breakfast</u> Banana Cereal</p> <p style="text-align: center;"><u>Lunch</u> Mozzarella Sticks with Marinara Sauce Garden Salad Fruit Juice</p>	<p style="text-align: center;">Thursday, October 10</p> <p style="text-align: center;"><u>Breakfast</u> Fruit Juice Bagel Cream Cheese</p> <p style="text-align: center;"><u>Lunch</u> Cheeseburger on Whole Grain Bun Peas Fruit</p>	<p style="text-align: center;">Friday, October 11</p> <p style="text-align: center;"><u>Breakfast</u> Fruit French Toast Sticks</p> <p style="text-align: center;"><u>Lunch</u> Stuffed Crust Pizza with Whole Grain Crust Fresh Vegetable Applesauce</p>
<p style="text-align: center;">Monday, October 14</p> <p style="text-align: center;"><u>Breakfast</u> Fruit English Muffin</p> <p style="text-align: center;"><u>Lunch</u> Grilled Cheese Sandwich on Whole Grain Bread Potato Gems Mixed Fruit</p>	<p style="text-align: center;">Tuesday, October 15</p> <p style="text-align: center;"><u>Breakfast</u> Fruit Juice Pancake Wrapped Sausage</p> <p style="text-align: center;"><u>Lunch</u> Smucker's PB&J Baby Carrots Fresh Fruit</p>	<p style="text-align: center;">Wednesday, October 16</p> <p style="text-align: center;"><u>Breakfast</u> Banana Cereal</p> <p style="text-align: center;"><u>Lunch</u> Cheese Rippers with Marinara Sauce Garden Salad Fruit Juice</p>	<p style="text-align: center;">Thursday, October 17</p> <p style="text-align: center;"><u>Breakfast</u> Fruit French Toast Sticks</p> <p style="text-align: center;"><u>Lunch</u> Mickey's Pizza with Whole Grain Crust Fresh Vegetable Mixed Fruit</p>	<p style="text-align: center;">Friday, October 18</p> <p style="text-align: center;">NO SCHOOL FOR STUDENTS AND STAFF</p>

<p>Monday, October 21 <u>Breakfast</u> Fruit English Muffin <u>Lunch</u> Whole Grain Chicken Nuggets with Whole Grain Roll Oven Baked Fries Pears</p>	<p>Tuesday, October 22 <u>Breakfast</u> Fruit Juice Breakfast Pizza with Whole Grain Crust <u>Lunch</u> Smucker's PB&J Baby Carrots Fresh Fruit</p>	<p>Wednesday, October 23 <u>Breakfast</u> Banana Cereal <u>Lunch</u> Ham & Cheese Rippers Garden Salad Fruit Juice</p>	<p>Thursday, October 24 <u>Breakfast</u> Fruit Juice Bagel Cream Cheese <u>Lunch</u> Breaded Chicken Patty on Whole Grain Bun Potato Gems Fruit</p>	<p>Friday, October 25 <u>Breakfast</u> Fruit French Toast Sticks <u>Lunch</u> Stuffed Crust Pizza with Whole Grain Crust Fresh Vegetable Pears</p>
<p>Monday, October 28 <u>Breakfast</u> Fruit English Muffin <u>Lunch</u> Whole Grain Chicken Tenders with Whole Grain Roll Potato Gems Pineapple</p>	<p>Tuesday, October 29 <u>Breakfast</u> Fruit Juice Pancake Wrapped Sausage <u>Lunch</u> Smucker's PB&J Baby Carrots Fresh Fruit</p>	<p>Wednesday, October 30 <u>Breakfast</u> Banana Cereal <u>Lunch</u> Max Sticks with Marinara Sauce Garden Salad Fruit Juice</p>	<p>Thursday, October 31 <u>Breakfast</u> Fruit Juice Bagel Cream Cheese <u>Lunch</u> Ham & Cheese Sandwich on Whole Grain Bread Broccoli Fruit</p>	

Every complete meal we serve includes nonfat white milk



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