

DECEMBER 2018 PRE-KINDERGARTEN BREAKFAST & LUNCH MENU

This institution is an equal opportunity provider. Menus are subject to change.

<p>Monday, December 3 <u>BREAKFAST</u> Fruit English Muffin <u>LUNCH</u> Whole Grain Chicken Nuggets Oven Baked Fries Applesauce</p>	<p>Tuesday, December 4 <u>BREAKFAST</u> Fruit Juice French Toast Sticks <u>LUNCH</u> Welch's PB&J Baby Carrots Fresh Fruit</p>	<p>Wednesday, December 5 <u>BREAKFAST</u> Fruit Cereal <u>LUNCH</u> Mozzarella Sticks with Marinara Sauce Garden Salad Fruit Juice</p>	<p>Thursday, December 6 <u>BREAKFAST</u> Fruit Juice Bagel Cream Cheese <u>LUNCH</u> Grilled Cheese Sandwich on Whole Grain Bread Potato Gems Fruit</p>	<p>Friday, December 7 <u>BREAKFAST</u> Fruit Egg Patty <u>LUNCH</u> Pizza with Whole Grain Crust Fresh Vegetable Applesauce</p>
<p>Monday, December 10 <u>BREAKFAST</u> Fruit English Muffin <u>LUNCH</u> Cheeseburger on Whole Grain Bun Oven Baked Fries Mixed Fruit</p>	<p>Tuesday, December 11 <u>BREAKFAST</u> Fruit Juice French Toast Sticks <u>LUNCH</u> Welch's PB&J Baby Carrots Fresh Fruit</p>	<p>Wednesday, December 12 <u>BREAKFAST</u> Fruit Cereal <u>LUNCH</u> Nacho Bites Garden Salad Fruit Juice</p>	<p>Thursday, December 13 <u>BREAKFAST</u> Fruit Juice Bagel Cream Cheese <u>LUNCH</u> Oven Baked Chicken with Whole Grain Roll Mashed Potatoes W/Gravy Fruit</p>	<p>Friday, December 14 <u>BREAKFAST</u> Fruit Egg Patty <u>LUNCH</u> Mickey's Pizza with Whole Grain Crust Fresh Vegetable Mixed Fruit</p>
<p>Monday, December 17 <u>BREAKFAST</u> Fruit English Muffin <u>LUNCH</u> Whole Grain Chicken Nuggets Oven Baked Fries Fruit</p>	<p>Tuesday, December 18 <u>BREAKFAST</u> Fruit Juice French Toast Sticks <u>LUNCH</u> Welch's PB&J Baby Carrots Fresh Fruit</p>	<p>Wednesday, December 19 <u>BREAKFAST</u> Fruit Cereal <u>LUNCH</u> Ham & Cheese Ripper Garden Salad Fruit Juice</p>	<p>Thursday, December 20 <u>BREAKFAST</u> Fruit Juice Bagel Cream Cheese <u>LUNCH</u> Tangerine Chicken with Brown Rice Broccoli Fruit</p>	<p>Friday, December 21 <u>BREAKFAST</u> Fruit Egg Patty <u>LUNCH</u> Pizza with Whole Grain Crust Fresh Vegetable Fruit</p>

Every complete meal we serve includes nonfat white milk.