

## DECEMBER 2019 PRE-KINDERGARTEN BREAKFAST & LUNCH MENU

This institution is an equal opportunity provider. Menus are subject to change

<p><b>Monday, December 2</b></p> <p style="text-align: center;"><u><b>Breakfast</b></u></p> <p style="text-align: center;">Fruit English Muffin</p> <p style="text-align: center;"><u><b>Lunch</b></u></p> <p>Whole Grain Chicken Nuggets with Whole Grain Roll Oven Baked Fries Applesauce</p>	<p><b>Tuesday, December 3</b></p> <p style="text-align: center;"><u><b>Breakfast</b></u></p> <p style="text-align: center;">Fruit Juice Breakfast Pizza with Whole Grain Crust</p> <p style="text-align: center;"><u><b>Lunch</b></u></p> <p>Smucker's PB&amp;J Baby Carrots Fresh Fruit</p>	<p><b>Wednesday, December 4</b></p> <p style="text-align: center;"><u><b>Breakfast</b></u></p> <p style="text-align: center;">Banana Cereal</p> <p style="text-align: center;"><u><b>Lunch</b></u></p> <p>Mozzarella Sticks with Marinara Sauce Garden Salad Fruit Juice</p>	<p><b>Thursday, December 5</b></p> <p style="text-align: center;"><u><b>Breakfast</b></u></p> <p style="text-align: center;">Fruit Juice Bagel Cream Cheese</p> <p style="text-align: center;"><u><b>Lunch</b></u></p> <p>Cheeseburger on Whole Grain Bun Peas Fruit</p>	<p><b>Friday, December 6</b></p> <p style="text-align: center;"><u><b>Breakfast</b></u></p> <p style="text-align: center;">Fruit French Toast Sticks</p> <p style="text-align: center;"><u><b>Lunch</b></u></p> <p>Stuffed Crust Pizza with Whole Grain Crust Fresh Vegetable Applesauce</p>
<p><b>Monday, December 9</b></p> <p style="text-align: center;"><u><b>Breakfast</b></u></p> <p style="text-align: center;">Fruit English Muffin</p> <p style="text-align: center;"><u><b>Lunch</b></u></p> <p>Grilled Cheese Sandwich on Whole Grain Bread Potato Gems Mixed Fruit</p>	<p><b>Tuesday, December 10</b></p> <p style="text-align: center;"><u><b>Breakfast</b></u></p> <p style="text-align: center;">Fruit Juice Pancake Wrapped Sausage</p> <p style="text-align: center;"><u><b>Lunch</b></u></p> <p>Smucker's PB&amp;J Baby Carrots Fresh Fruit</p>	<p><b>Wednesday, December 11</b></p> <p style="text-align: center;"><u><b>Breakfast</b></u></p> <p style="text-align: center;">Banana Cereal</p> <p style="text-align: center;"><u><b>Lunch</b></u></p> <p>Cheese Rippers with Marinara Sauce Garden Salad Fruit Juice</p>	<p><b>Thursday, December 12</b></p> <p style="text-align: center;"><u><b>Breakfast</b></u></p> <p style="text-align: center;">Fruit Juice Bagel Cream Cheese</p> <p style="text-align: center;"><u><b>Lunch</b></u></p> <p>Oven Baked Chicken with Whole Grain Biscuit Mashed Potatoes W/Gravy Fruit</p>	<p><b>Friday, December 13</b></p> <p style="text-align: center;"><u><b>Breakfast</b></u></p> <p style="text-align: center;">Fruit French Toast Sticks</p> <p style="text-align: center;"><u><b>Lunch</b></u></p> <p>Mickey's Pizza with Whole Grain Crust Fresh Vegetable Mixed Fruit</p>
<p><b>Monday, December 16</b></p> <p style="text-align: center;"><u><b>Breakfast</b></u></p> <p style="text-align: center;">Fruit English Muffin</p> <p style="text-align: center;"><u><b>Lunch</b></u></p> <p>Whole Grain Chicken Nuggets with Whole Grain Roll Oven Baked Fries Pears</p>	<p><b>Tuesday, December 17</b></p> <p style="text-align: center;"><u><b>Breakfast</b></u></p> <p style="text-align: center;">Fruit Juice Breakfast Pizza with Whole Grain Crust</p> <p style="text-align: center;"><u><b>Lunch</b></u></p> <p>Smucker's PB&amp;J Baby Carrots Fresh Fruit</p>	<p><b>Wednesday, December 18</b></p> <p style="text-align: center;"><u><b>Breakfast</b></u></p> <p style="text-align: center;">Banana Cereal</p> <p style="text-align: center;"><u><b>Lunch</b></u></p> <p>Ham &amp; Cheese Rippers Garden Salad Fruit Juice</p>	<p><b>Thursday, December 19</b></p> <p style="text-align: center;"><u><b>Breakfast</b></u></p> <p style="text-align: center;">Fruit Juice Bagel Cream Cheese</p> <p style="text-align: center;"><u><b>Lunch</b></u></p> <p>Breaded Chicken Patty on Whole Grain Bun Potato Gems Fruit</p>	<p><b>Friday, December 20</b></p> <p style="text-align: center;"><u><b>Breakfast</b></u></p> <p style="text-align: center;">Fruit French Toast Sticks</p> <p style="text-align: center;"><u><b>Lunch</b></u></p> <p>Stuffed Crust Pizza with Whole Grain Crust Fresh Vegetable Pears</p>

**Every Complete meal we serve includes  
nonfat white milk.**

