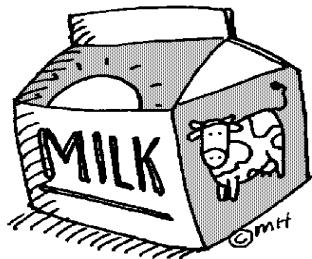


JANUARY 2019 PRE-KINDERGARTEN BREAKFAST & LUNCH MENU

This institution is an equal opportunity provider. Menus are subject to change.

	Tuesday, January 1 SCHOOLS CLOSED WINTER BREAK	Wednesday, January 2 <u>Breakfast</u> Fruit Cereal <u>LUNCH</u> Mozzarella Sticks with Marinara Sauce Garden Salad Fruit Juice	Thursday, January 3 <u>Breakfast</u> Fruit Juice Bagel Cream Cheese <u>Lunch</u> Grilled Cheese Sandwich on Whole Grain Bread Potato Gems Fruit	Friday, January 4 <u>Breakfast</u> Fruit Egg Patty <u>Lunch</u> Pizza with Whole Grain Crust Fresh Vegetable Applesauce
Monday, January 7 <u>Breakfast</u> Fruit English Muffin <u>Lunch</u> Cheeseburger on Whole Grain Bun Oven Baked Fries Mixed Fruit	Tuesday, January 8 <u>Breakfast</u> Fruit Juice French Toast Sticks <u>Lunch</u> Welch's PB&J Baby Carrots Fresh Fruit	Wednesday, January 9 <u>Breakfast</u> Fruit Cereal <u>Lunch</u> Nacho Bites Garden Salad Fruit Juice	Thursday, January 10 <u>Breakfast</u> Fruit Juice Bagel Cream Cheese <u>Lunch</u> Oven Baked Chicken with Whole Grain Roll Mashed Potatoes W/Gravy Fruit	Friday, January 11 <u>Breakfast</u> Fruit Egg Patty <u>Lunch</u> Mickey's Pizza with Whole Grain Crust Fresh Vegetable Mixed Fruit
Monday, January 14 <u>Breakfast</u> Fruit English Muffin <u>Lunch</u> Whole Grain Chicken Tenders Potato Gems Fruit	Tuesday, January 15 <u>Breakfast</u> Fruit Juice French Toast Sticks <u>Lunch</u> Welch's PB&J Baby Carrots Fresh Fruit	Wednesday, January 16 <u>Breakfast</u> Fruit Cereal <u>Lunch</u> Ham and Cheese Ripper Garden Salad Fruit Juice	Thursday, January 17 <u>Breakfast</u> Fruit Juice Bagel Cream Cheese <u>Lunch</u> Tangerine Chicken with Brown Rice Fruit	Friday, January 18 <u>Breakfast</u> Fruit Egg Patty <u>Lunch</u> Pizza with Whole Grain Crust Fresh Vegetable Fruit

<p>Monday, January 21</p> <p>SCHOOLS CLOSED MARTIN LUTHER KING, JR. DAY</p>	<p>Tuesday, January 22</p> <p><u>Breakfast</u> Fruit Juice French Toast Sticks</p> <p><u>Lunch</u> Welch's PB&J Baby Carrots Fresh Fruit</p>	<p>Wednesday, January 23</p> <p><u>Breakfast</u> Fruit Cereal</p> <p><u>Lunch</u> Max Sticks with Marinara Sauce Garden Salad Fruit Juice</p>	<p>Thursday, January 24</p> <p><u>Breakfast</u> Fruit Juice Bagel Cream Cheese</p> <p><u>Lunch</u> Chicken Patty on Whole Grain Bun Corn Fruit</p>	<p>Friday, January 25</p> <p><u>Breakfast</u> Fruit Egg Patty</p> <p><u>Lunch</u> Mickey's Pizza with Whole Grain Crust Fresh Vegetable Fruit</p>
<p>Monday, January 28</p> <p><u>Breakfast</u> Fruit English Muffin</p> <p><u>Lunch</u> Whole Grain Chicken Nuggets Oven Baked Fries Applesauce</p>	<p>Tuesday, January 29</p> <p><u>Breakfast</u> Fruit Juice French Toast Sticks</p> <p><u>Lunch</u> Welch's PB&J Baby Carrots Fresh Fruit</p>	<p>Wednesday, January 30</p> <p><u>Breakfast</u> Fruit Cereal</p> <p><u>Lunch</u> Mozzarella Sticks with Marinara Sauce Garden Salad Fruit Juice</p>	<p>Thursday, January 31</p> <p><u>Breakfast</u> Fruit Juice Bagel Cream Cheese</p> <p><u>Lunch</u> Grilled Cheese Sandwich on Whole Grain Bread Potato Gems Fruit</p>	



Every complete meal we serve includes nonfat white milk.

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