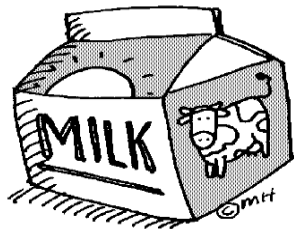


OCTOBER 2018 PRE-KINDERGARTEN BREAKFAST & LUNCH MENU

This institution is an equal opportunity provider. Menus are subject to change.

<p>Monday, October 1 <u>BREAKFAST</u> Fruit English Muffin <u>LUNCH</u> Whole Grain Chicken Tenders Potato Gems Fruit</p>	<p>Tuesday, October 2 <u>BREAKFAST</u> Fruit Juice French Toast Sticks <u>LUNCH</u> Welch's PB&J Baby Carrots Fresh Fruit</p>	<p>Wednesday, October 3 <u>BREAKFAST</u> Fruit Cereal <u>LUNCH</u> Max Sticks with Marinara Sauce Garden Salad Fruit Juice</p>	<p>Thursday, October 4 <u>BREAKFAST</u> Fruit Juice Bagel Cream Cheese <u>LUNCH</u> Chicken Patty on Whole Grain Bun Corn Fruit</p>	<p>Friday, October 5 <u>BREAKFAST</u> Fruit Egg Patty <u>LUNCH</u> Mickey's Pizza with Whole Grain Crust Fresh Vegetable Fruit</p>
<p>Monday, October 8 <u>BREAKFAST</u> Fruit English Muffin <u>LUNCH</u> Whole Grain Chicken Nuggets Oven Baked Fries Applesauce</p>	<p>Tuesday, October 9 <u>BREAKFAST</u> Fruit Juice French Toast Sticks <u>LUNCH</u> Welch's PB&J Baby Carrots Fresh Fruit</p>	<p>Wednesday, October 10 <u>BREAKFAST</u> Fruit Cereal <u>LUNCH</u> Mozzarella Sticks with Marinara Sauce Garden Salad Fruit Juice</p>	<p>Thursday, October 11 <u>BREAKFAST</u> Fruit Juice Bagel Cream Cheese <u>LUNCH</u> Grilled Cheese Sandwich on Whole Grain Bread Potato Gems Fruit</p>	<p>Friday, October 12 <u>BREAKFAST</u> Fruit Egg Patty <u>LUNCH</u> Pizza with Whole Grain Crust Fresh Vegetable Applesauce</p>
<p>Monday, October 15 <u>BREAKFAST</u> Fruit English Muffin <u>LUNCH</u> Cheeseburger on Whole Grain Bun Oven Baked Fries Mixed Fruit</p>	<p>Tuesday, October 16 <u>BREAKFAST</u> Fruit Juice French Toast Sticks <u>LUNCH</u> Welch's PB&J Baby Carrots Fresh Fruit</p>	<p>Wednesday, October 17 <u>BREAKFAST</u> Fruit Cereal <u>LUNCH</u> Nacho Bites Garden Salad Fruit Juice</p>	<p>Thursday, October 18 <u>BREAKFAST</u> Fruit Egg Patty <u>LUNCH</u> Mickey's Pizza with Whole Grain Crust Fresh Vegetable Mixed Fruit</p>	<p>Friday, October 19 NO SCHOOL FOR STUDENTS & STAFF MSEA Convention</p>

<p>Monday, October 22 <u>BREAKFAST</u> Fruit English Muffin <u>LUNCH</u> Whole Grain Chicken Nuggets Oven Baked Fries Fruit</p>	<p>Tuesday, October 23 <u>BREAKFAST</u> Fruit Juice French Toast Sticks <u>LUNCH</u> Welch's PB&J Baby Carrots Fresh Fruit</p>	<p>Wednesday, October 24 <u>BREAKFAST</u> Fruit Cereal <u>LUNCH</u> Ham and Cheese Ripper Garden Salad Fruit Juice</p>	<p>Thursday, October 25 <u>BREAKFAST</u> Fruit Juice Bagel Cream Cheese <u>LUNCH</u> Tangerine Chicken with Brown Rice Broccoli Fruit</p>	<p>Friday, October 26 <u>BREAKFAST</u> Fruit Egg Patty <u>LUNCH</u> Pizza with Whole Grain Crust Fresh Vegetable Fruit</p>
<p>Monday, October 29 <u>BREAKFAST</u> Fruit English Muffin <u>LUNCH</u> Whole Grain Chicken Tenders Potato Gems Fruit</p>	<p>Tuesday, October 30 <u>BREAKFAST</u> Fruit Juice French Toast Sticks <u>LUNCH</u> Welch's PB&J Baby Carrots Fresh Fruit</p>	<p>Wednesday, October 31 <u>BREAKFAST</u> Fruit Cereal <u>LUNCH</u> Max Sticks with Marinara Sauce Garden Salad Fruit Juice</p>		



Every complete meal we serve includes nonfat white milk.

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