



Dorchester County  
Public Schools  
Every Child A Success!

# SUPERINTENDENT'S UPDATE

Diana L. Mitchell., Ed.D., Superintendent

DATE: February 28, 2018

## Schools Raise Money for American Heart Association

February is Heart Month and two Dorchester County elementary schools had a heart for the American Heart Association by holding fundraising events. Together they raised over \$4000 for the organization.

Choptank Elementary School had 80 students participate in a Hoops for Heart event in which they played fun games, enjoyed music with DJ Bruce McWilliams, and won prizes. Second grader Gavin Fitzhugh was recognized as Choptank's highest individual fundraiser.

Fifty students from Sandy Hill Elementary took part in their Jump Rope for Heart event. The students jumped rope for an hour, not only to raise money but promote healthy hearts and a healthier lifestyle. The biggest individual fundraiser at Sandy Hill was 4<sup>th</sup> grader Karlee Stanton. Nutrition educator Nate Bratko provided healthy snacks for the children after the activity.

The Hoops for Heart and Jump Rope for Heart campaigns help teach the community the importance of developing heart-healthy habits, that being physically active can be fun, and that raising funds to support cardiovascular research and education helps save lives.

The event at Choptank was coordinated by PE teacher Holly Edwards, and Sandy Hill's event leader was PE teacher Brendan Bromwell. There will be further fundraising events for the AHA in other elementary schools later in the spring.



Hoop fun at Choptank Elementary



Sandy Hill students show heart